



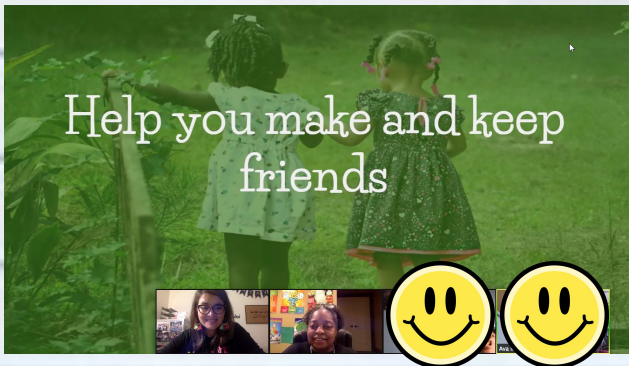
DWIGHT D. EISENHOWER ELEMENTARY SCHOOL

Counselor's Corner

August 2020

BE KIND: MAKE NEW FRIENDS

Ms. Belcher and Mrs. Cucalon have really enjoyed visiting our students this week on zoom during our "Meet the Counselor" guidance lesson. As we begin a new school year, we reminded our students to be kind and to make new friends.



Contact Information:

If you need to contact a counselor, please complete the form below.

[Parent-Counselor Meeting Request](#)

[COMMUNITY RESOURCES](#)

The Social Work Hub is partnering with Gateway Church to do a Drive Thru Food Pantry. The event will be held on Saturday, September 12th, 2020 from 11 am to 1 pm.

Parents will be required to remain in their vehicles and must wear masks at check-in.

HOME CONNECTION:

Tip to keep the calm at home

- **TAKE CARE OF YOU.** Parents thank you for partnering up with us as we embark in this journey of virtual learning. As our students are learning new things, so are you. For that reason, please remember to take care of yourself. Some ways you can do that is by eating healthy, exercising, and getting enough sleep. Find ways to decompress and take breaks during the day. Keep in mind that the better you feel, the more confident and happier your child will be.

Guidance Lessons this Month:

Week 1: Meet the Counselor
Week 2: Being Kind
Week 3: Mindfulness

